

	Before School	1&2	Break	3&4	Break	5&6	Lunch	7&8(9)	4-5pm	5 – 6pm	6-7pm	7-8pm	8-9pm	9-10pm
MON														
TUES														
WED														
THUR														
FRI														
	8am	9am	10am	11am	Noon	1pm	2pm	3pm	4-5pm	5 – 6pm	6-7pm	7-8pm	8-9pm	9-10pm
SAT														
SUN														

Name _____

Fill in the timetable of how you spend the average working week. This should include weekends, and should be a true and honest reflection of how you use your time.

Use colour to represent each of the major time uses in your life.