

Pastoral Support at Qegs

A Guide for Students

The pastoral team:

Miss Breeden – Pastoral Support Officer



Mr Henderson – Duty Pastoral Officer



What do we do?

The Pastoral team are here to support the well-being of students at Qegs. We offer a safe space for you to discuss any worries you might have, or any problems that are effecting your school, or personal life. We are here to listen to you and support you.

The Pastoral Support Officer, Miss Breeden, offers pre-arranged, regular pastoral appointments, usually over a 6 week timeframe. You may be given relevant resources to look through, or worksheets to complete. Appointments usually take place for around 30 minutes during lesson time, but can also be arranged over break times and lunchtime. It is a student's responsibility to catch up on any work they have missed whilst they have been at a pastoral appointment. If you think that pastoral appointments would benefit you, you should speak to your Head of Year.

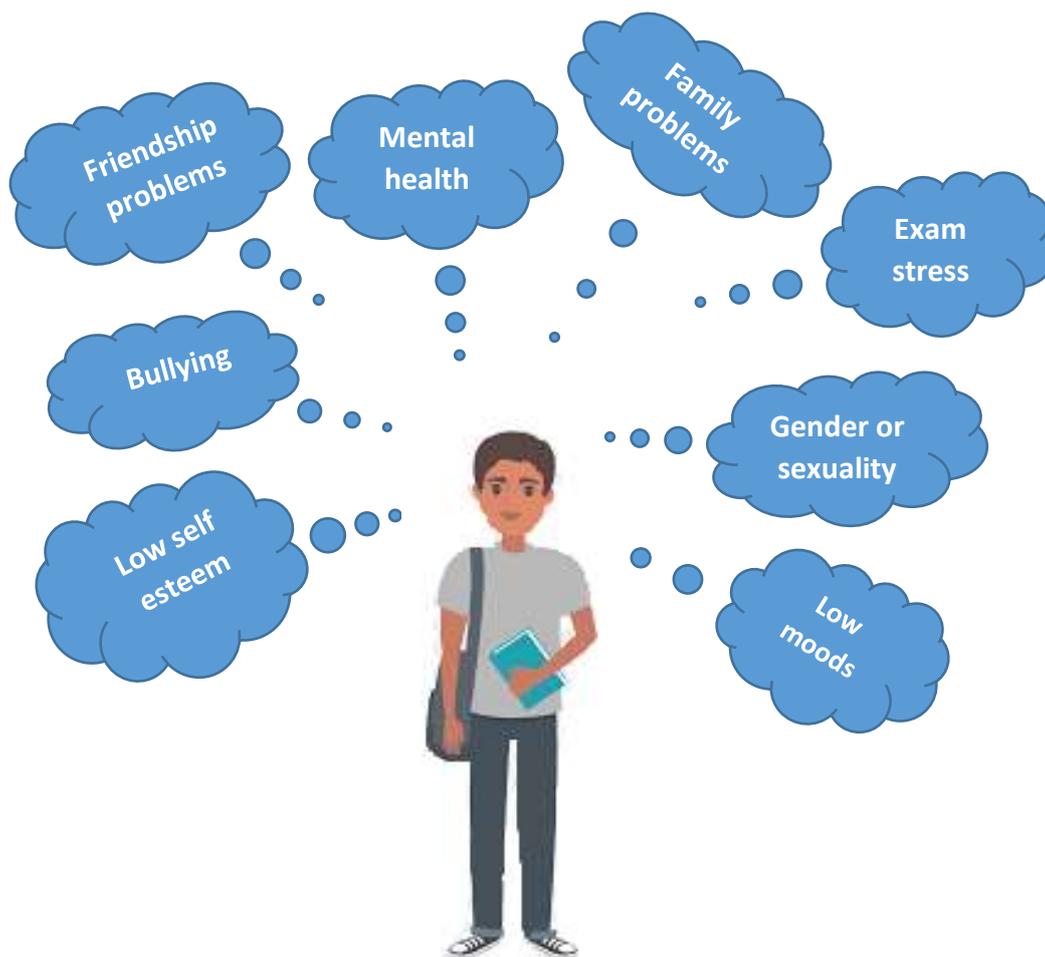
The Duty Pastoral Officer, Mr Henderson, offers support to students during breaks and lunchtimes, as well as the start and end of the school day. This does not need to be pre-arranged and any student is welcomed to find Mr Henderson for a chat about anything that is playing on their mind. If you are unable to find Mr Henderson, you can go to reception who will contact him for you.

Where can you find us?

Miss Breeden and Mr Henderson are based in the pastoral office which is upstairs in the main building, opposite the drama studio, and in between room 9 and the exams office.

At the start and end of school, and during breaks and lunchtimes, Mr Henderson will be around the school site.

What kind of things could I discuss with the pastoral team?



The pastoral team aim to offer a safe space for students to express their feelings and have their voice heard. We want to work with you and support you through any troubles you're having, whether this be working on building self-esteem, coping with anxiety, or having somewhere to talk about any issues you are having in school or in your home life.

Would my parents or guardian ever be informed of the things I discuss?

Your privacy is very important to us. However, it is vital for us to make sure that you are safe, therefore it is sometimes necessary for your parents or guardian to be contacted about the things you have discussed with the pastoral team.

If something you discuss indicates that your own safety, or the safety of others could be at risk, then the school's safeguarding procedure will be followed, and your parents or guardian will be contacted. Similarly, your parents or guardian will be contacted if the pastoral team believe you are withholding information from them which could help them to keep you safe.

More Information...

More information on pastoral support in school can be found on the 'Qegs pastoral Support Officer Procedure and Practice Manual' which can be found on the Qegs website, under the 'Mental Health and Well-Being' tab.

I am in need of support, but don't know how to access help...

This flowchart offers a guideline for ways to access pastoral support in school. Please note, if you have any concerns in school then any member of staff would be happy to support you.

